



Questionario per i genitori sulla conoscenza delle abitudini alimentari dei loro figli

Prato

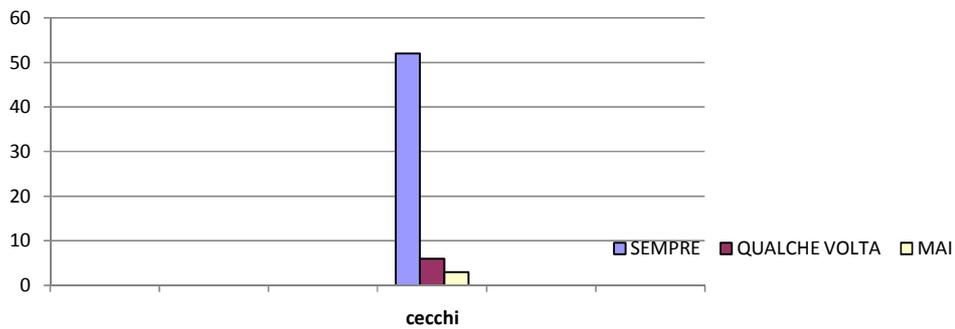
Scuola Primaria

CECCHI

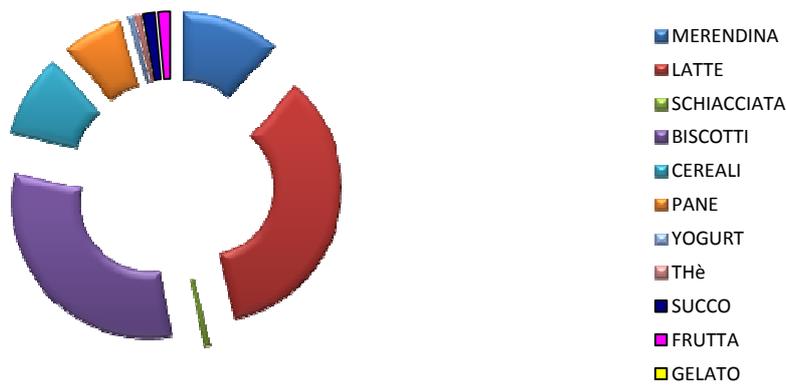
Anno Scolastico 2013/2014

1

TUO FIGLIO CONSUMA LA PRIMA COLAZIONE A CASA?

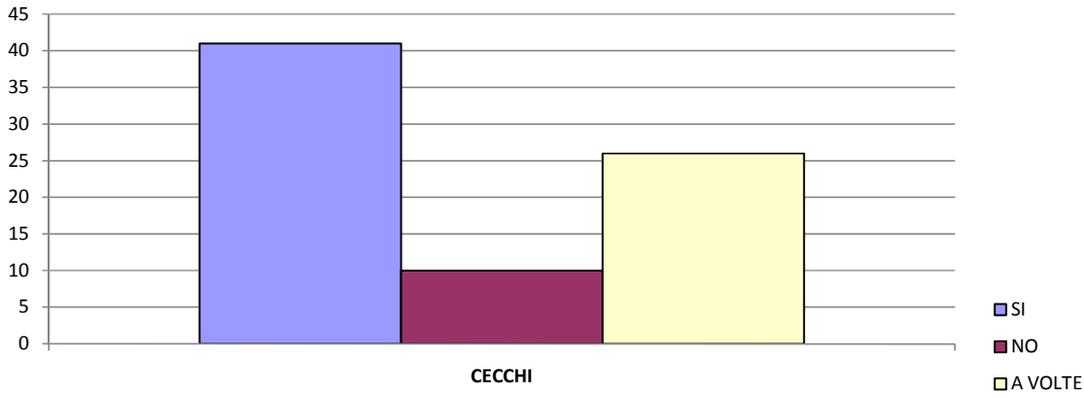


(1A) COSA MANGIA ? (CECCHI)

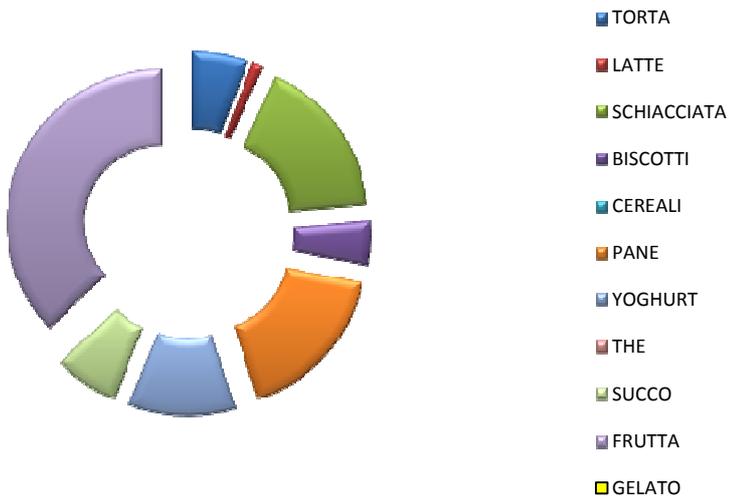


2

CONSUMA QUALCHE SPUNTINO O BEVANDA TRA COLAZIONE E PRANZO?

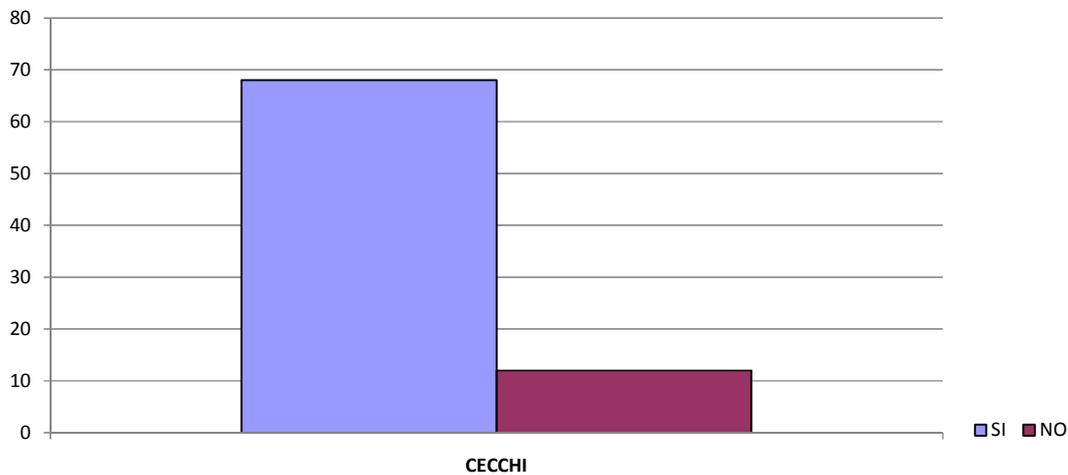


(2A) QUALI? (CECCHI)



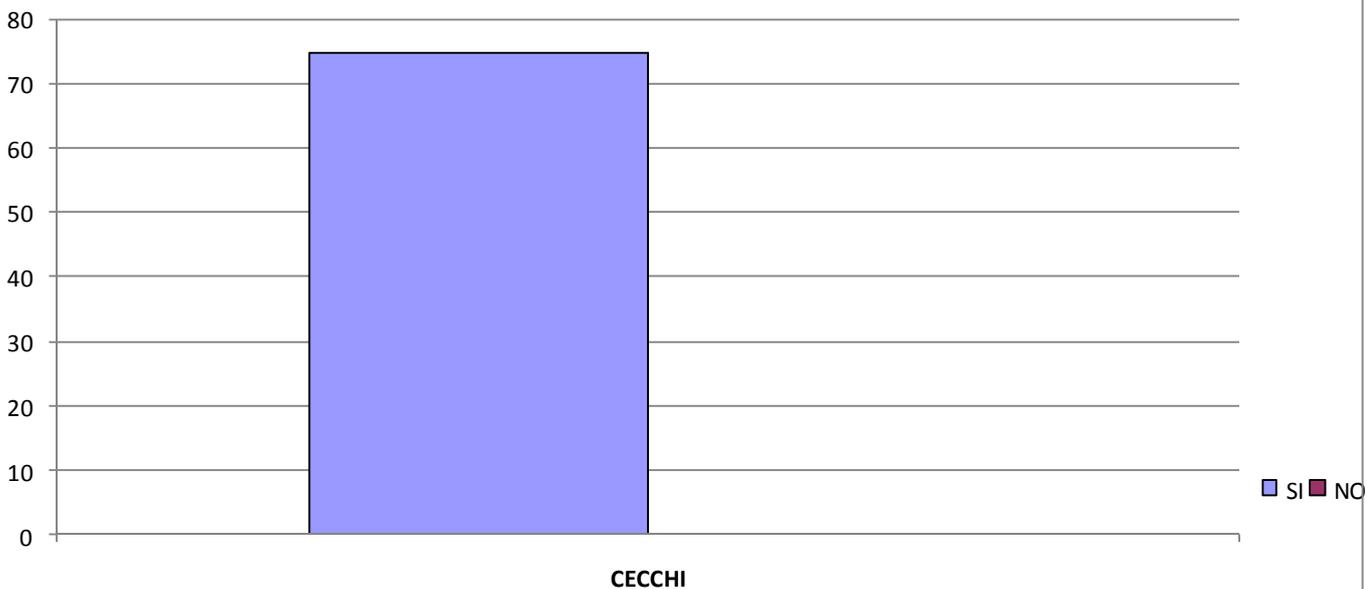
3

**A CASA I PASTI VENGONO CONSUMATI SEMPRE ALLO
STESSO ORARIO E IN COMUNE?**

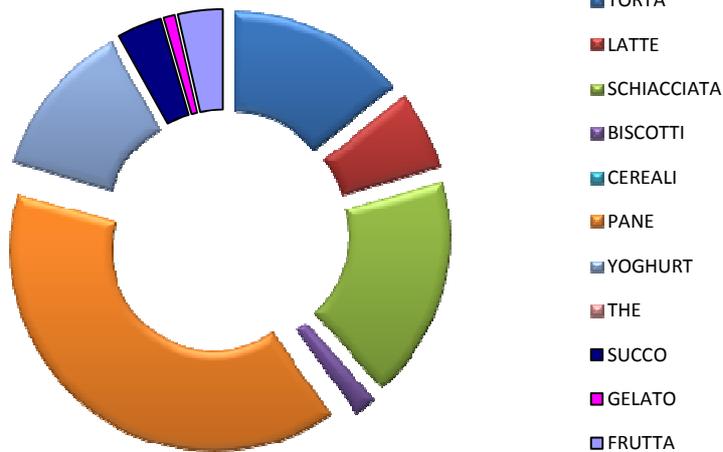


4

TUO FIGLIO FA MERENDA?

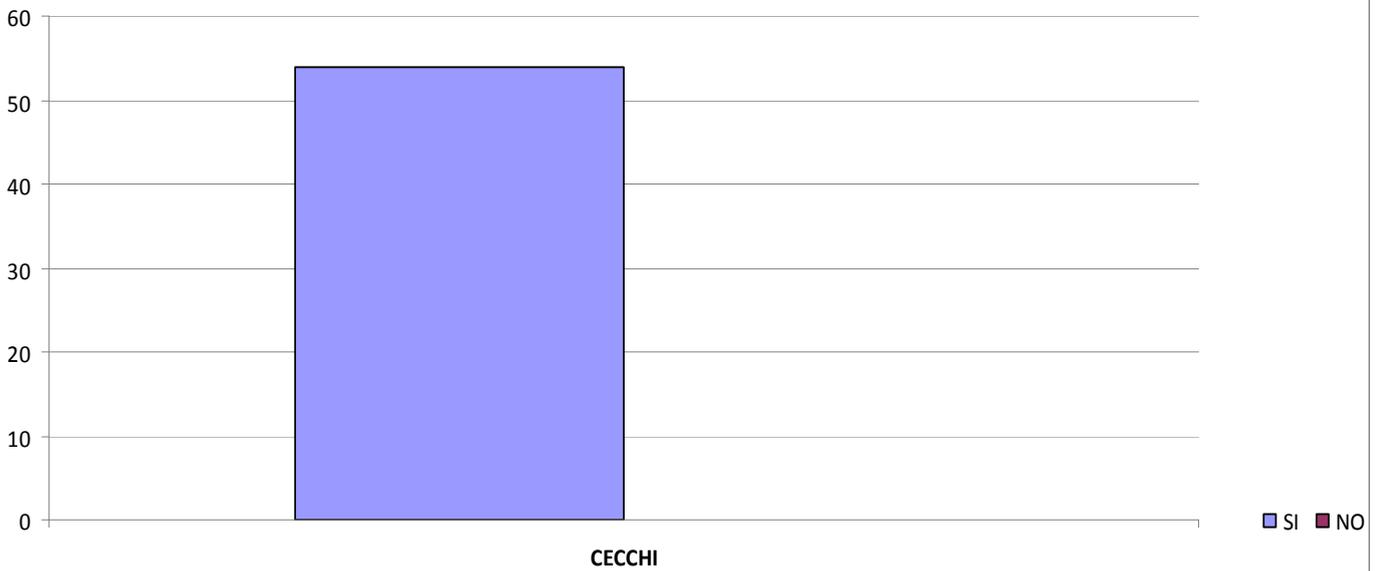


(4A) COSA MANGIA? (CECCHI)



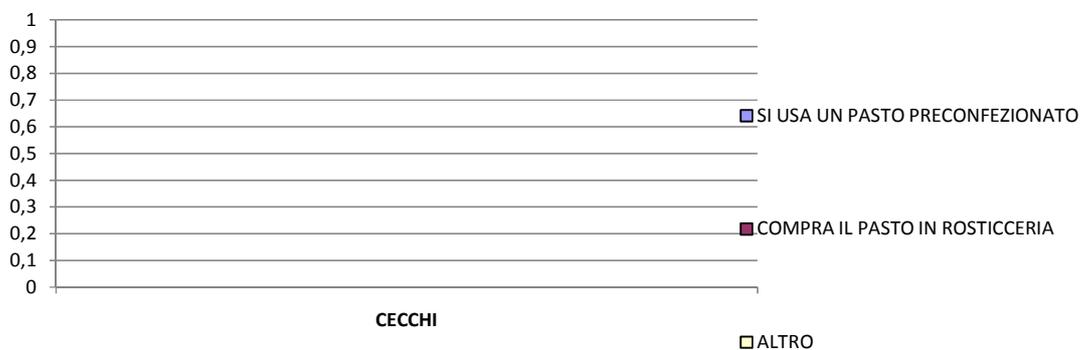
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I PASTI VENGONO PREPARATI A CASA?

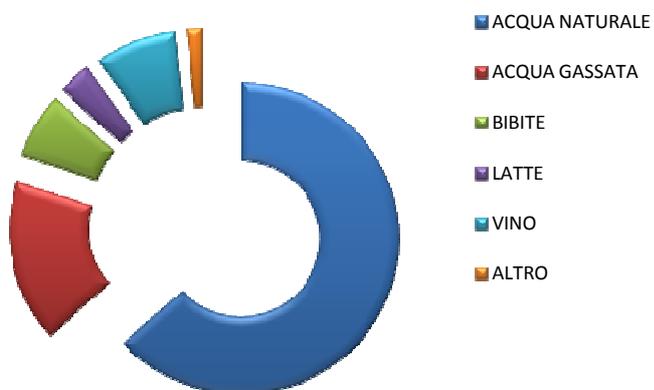


5A

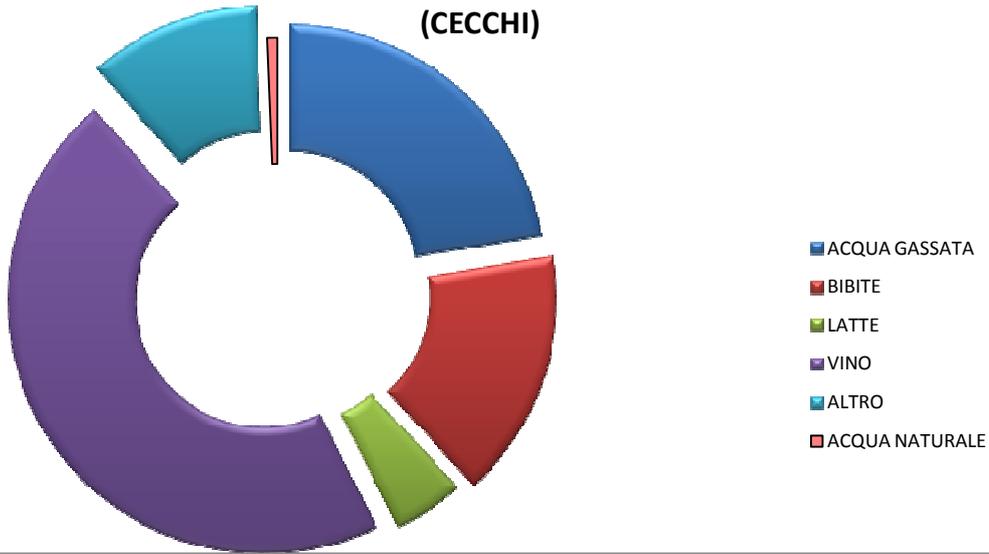
SE NO...



(6) QUALI BEVANDE CONSUMATE AI PASTI? (CECCHI)

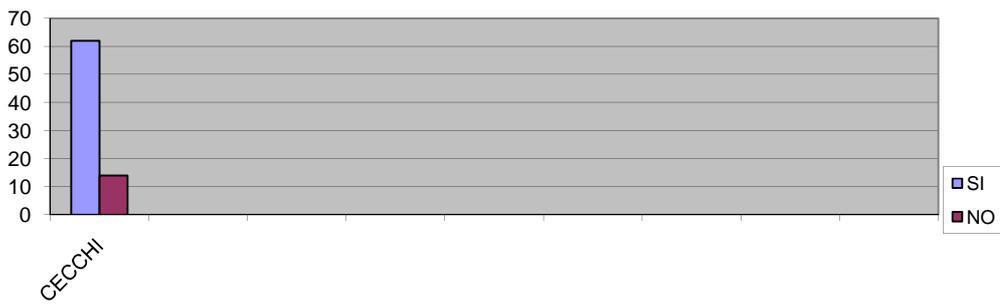


**(7) QUALI BEVANDE VENGONO RIFIUTATE DA TUO FIGLIO?
(CECCHI)**



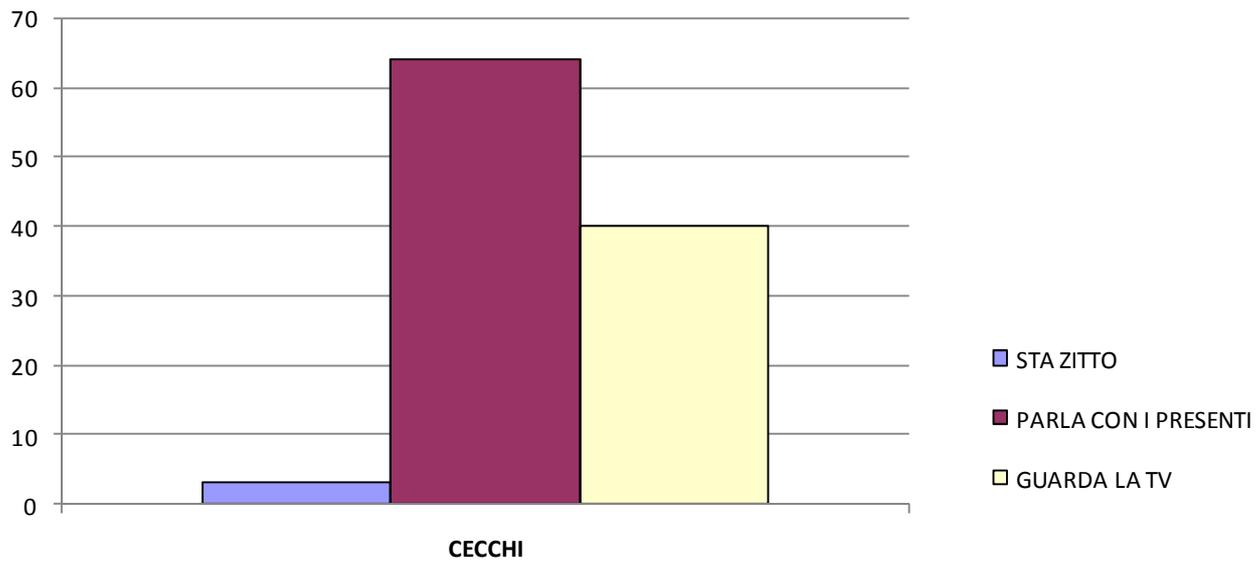
8

TUO FIGLIO MANGIA IN MODO VARIATO?



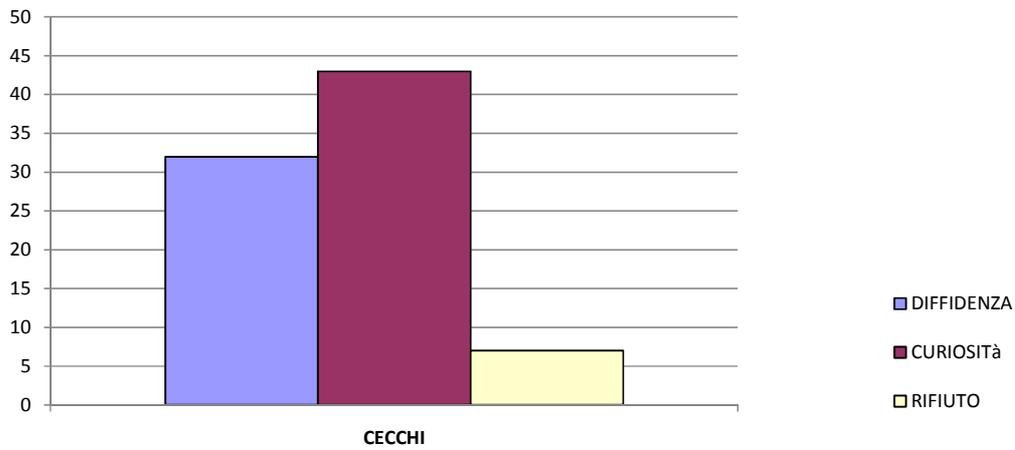
9

COSA FA TUO FIGLIO MENTRE CONSUMA I PASTI?



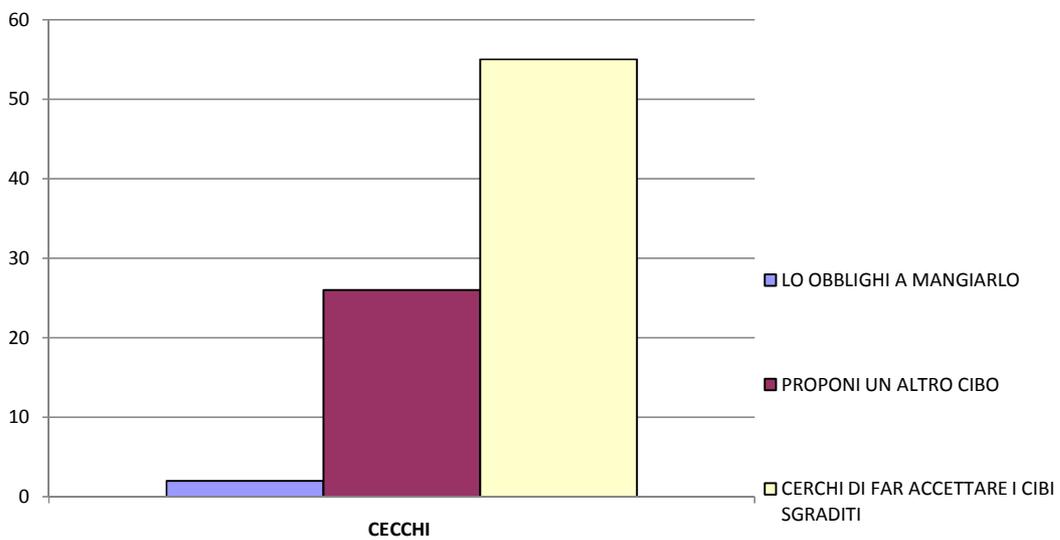
10

CHE ATTEGGIAMENTO HA VERSO I CIBI O LE BEVANDE NUOVE?

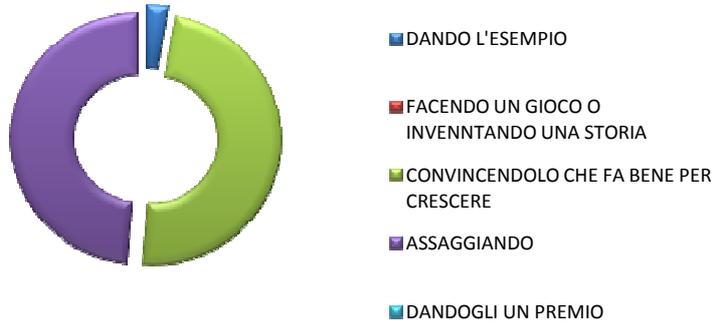


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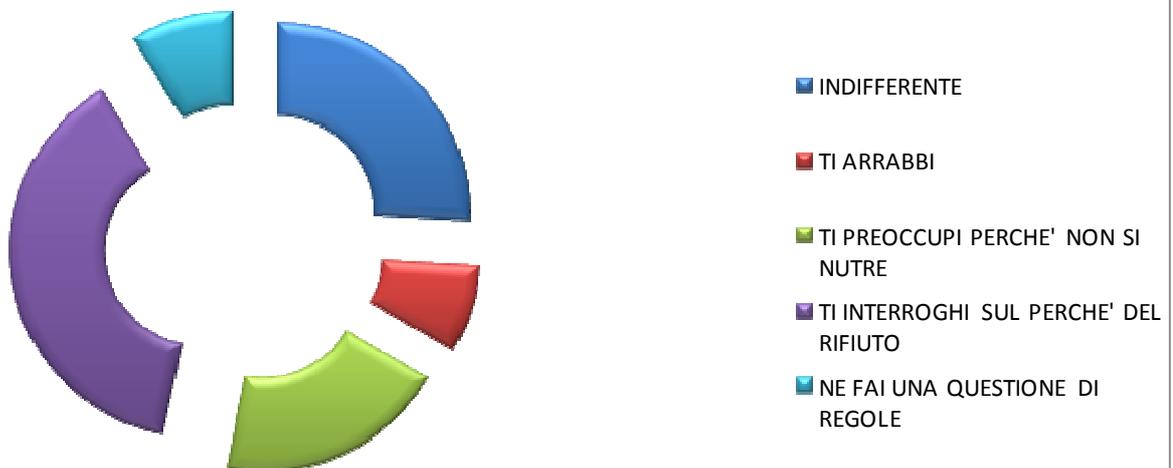
QUANDO TUO FIGLIO RIFIUTA UN CIBO O UNA BEVANDA COME TI COMPORTI?



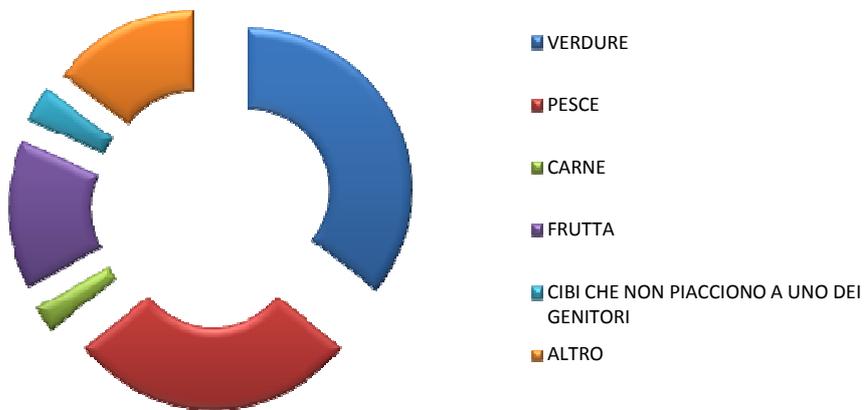
(11A) IN CHE MODO... (CECCHI)



(12) QUANDO TUO FIGLIO RIFIUTA UN CIBO O UNA BEVANDA COME TI SENTI? (CECCHI)

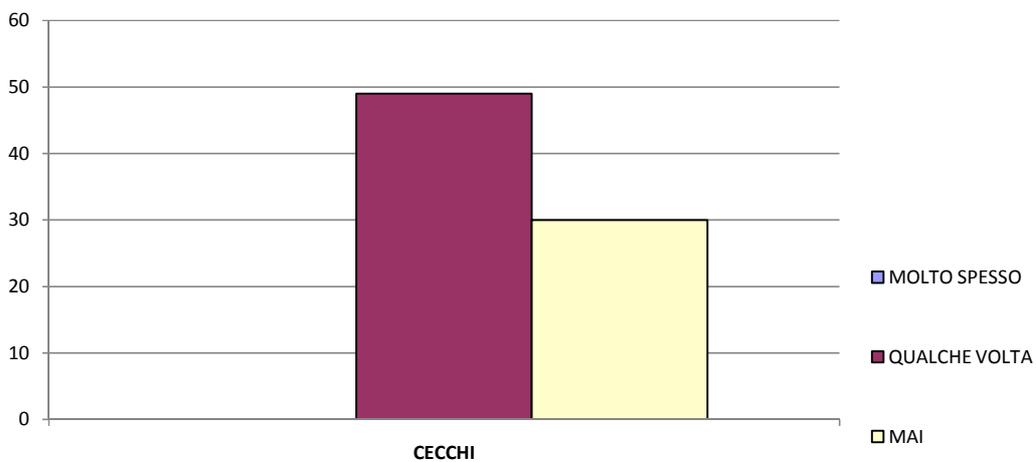


(13) I CIBI PREVALENTEMENTE RIFIUTATI DAI TUO FIGLIO SONO (CECCHI):



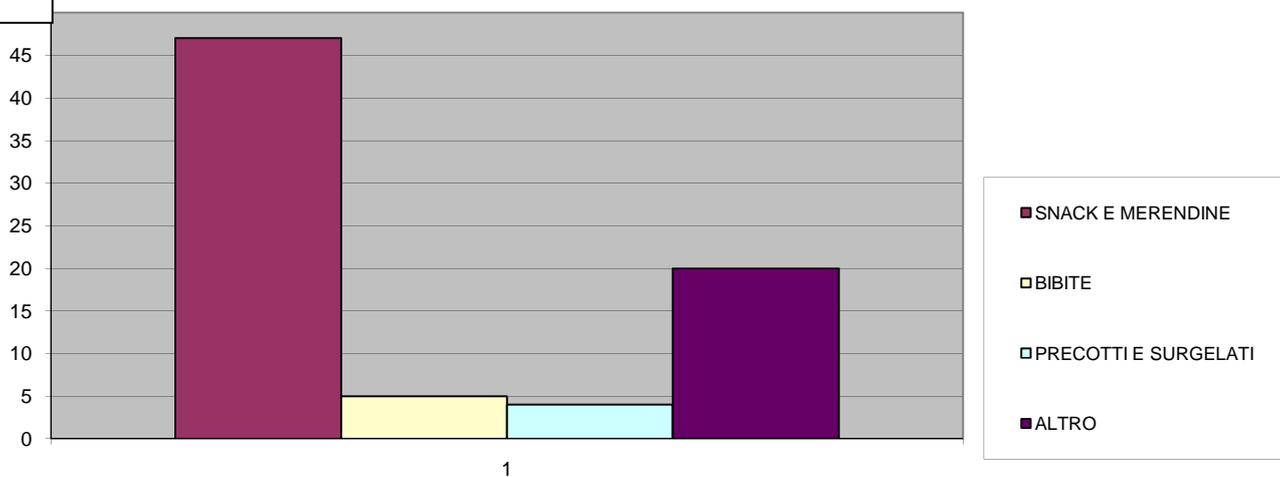
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TUO FIGLIO TI CHIEDE DI CONSUMARE PRODOTTI RECLAMIZZATI IN TV?



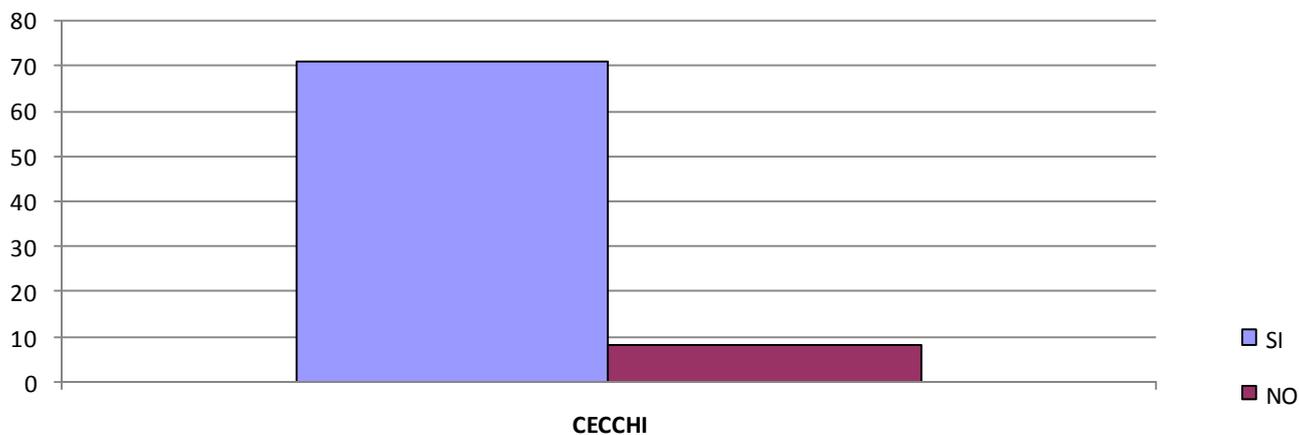
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QUALI SONO MAGGIORMENTE RICHIESTI?



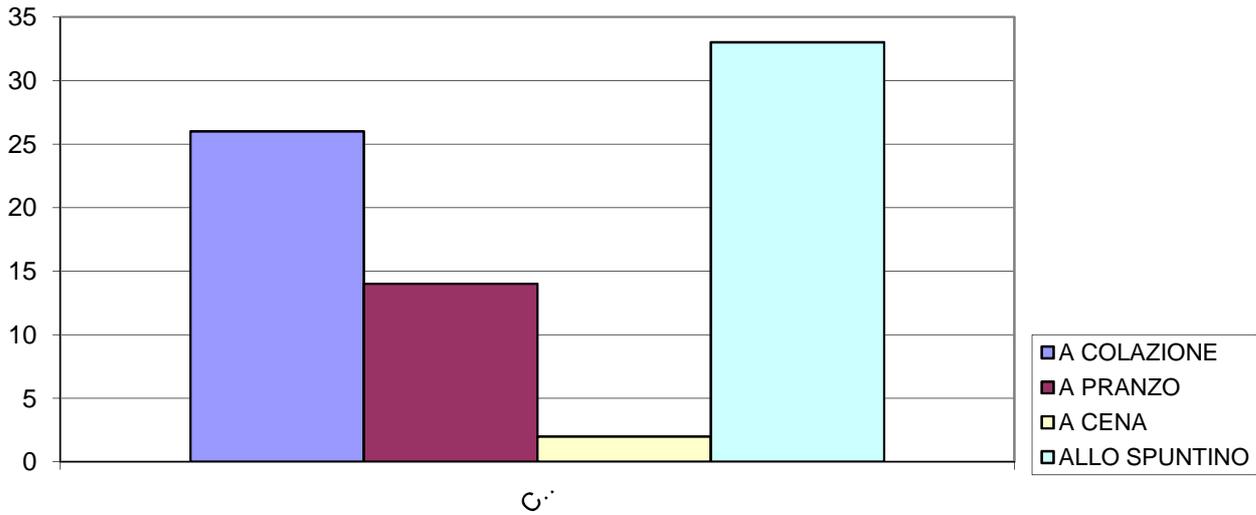
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TI CAPITA DI FAR GUARDARE LA TV A TUO FIGLIO MENTRE MANGIA?



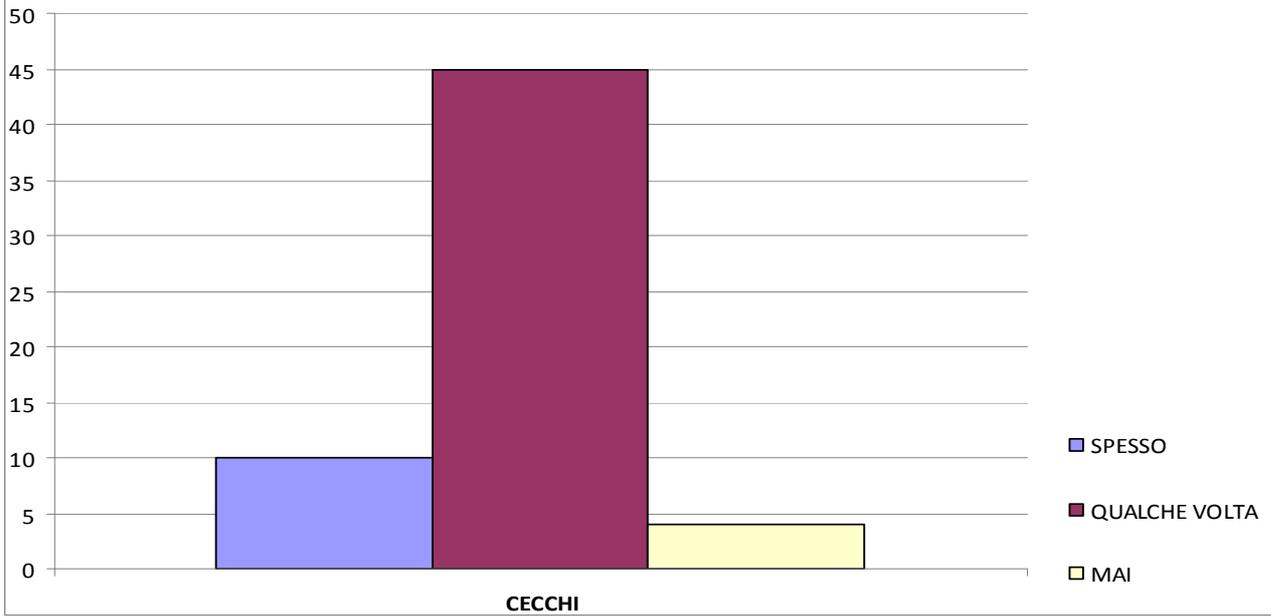
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SE SI, QUANDO?



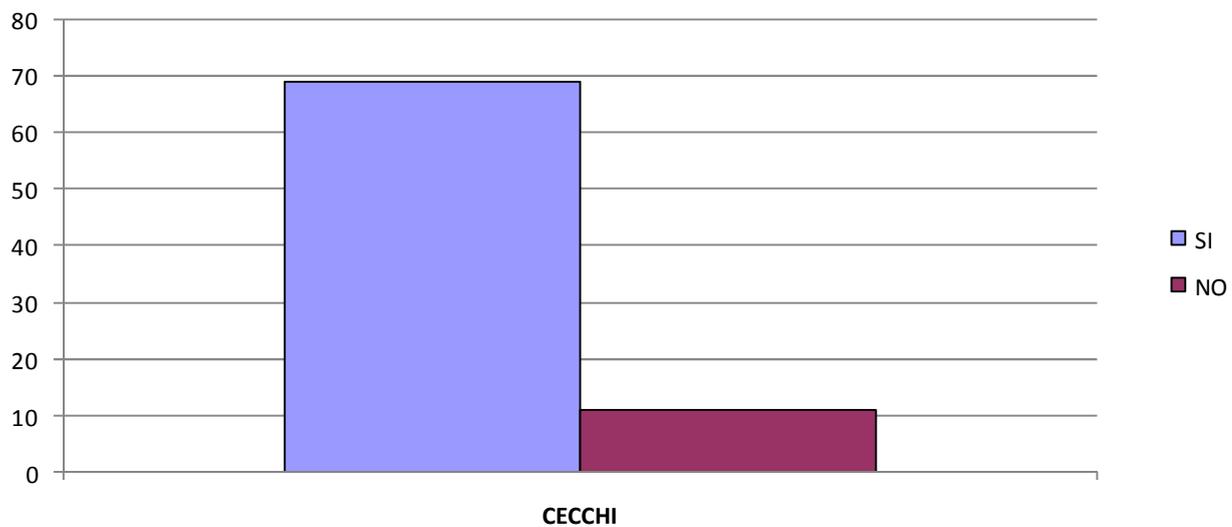
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COINVOLGI TUO FIGLIO NELLA PREPARAZIONE DEI CIBI?



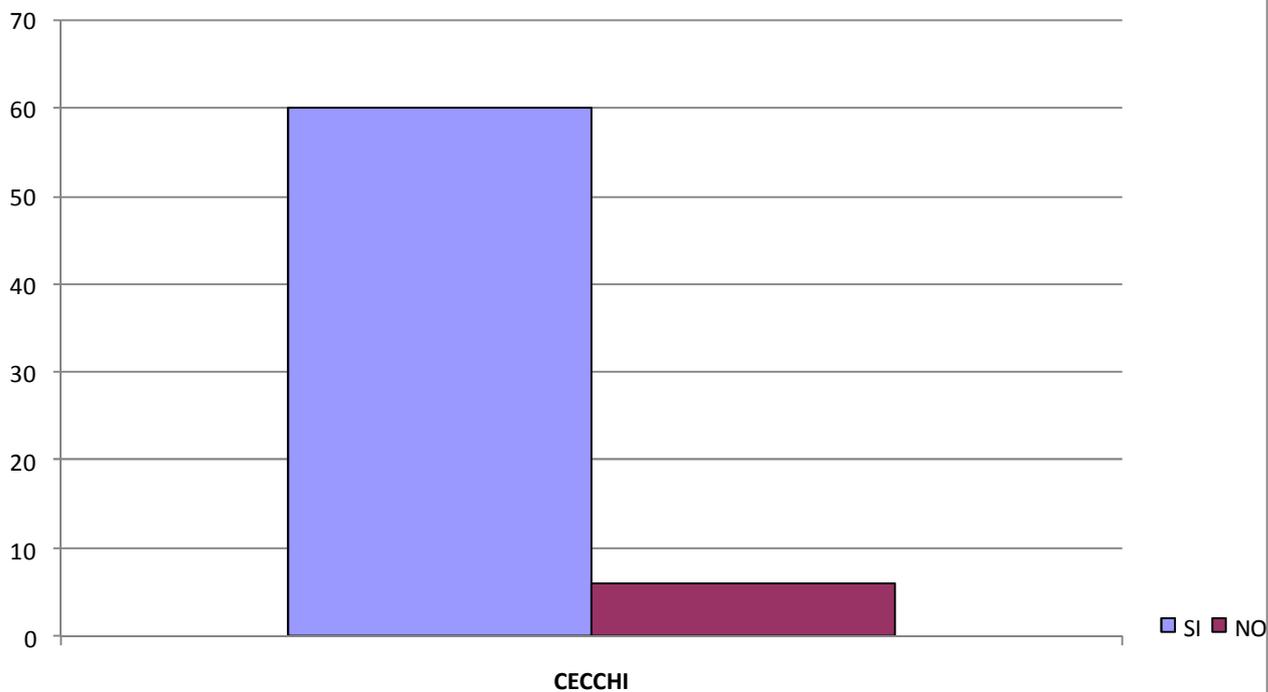
19

PROPONI A TUO FIGLIO PIATTI DELLA CUCINA TRADIZIONALE DELLA TUA ZONA?



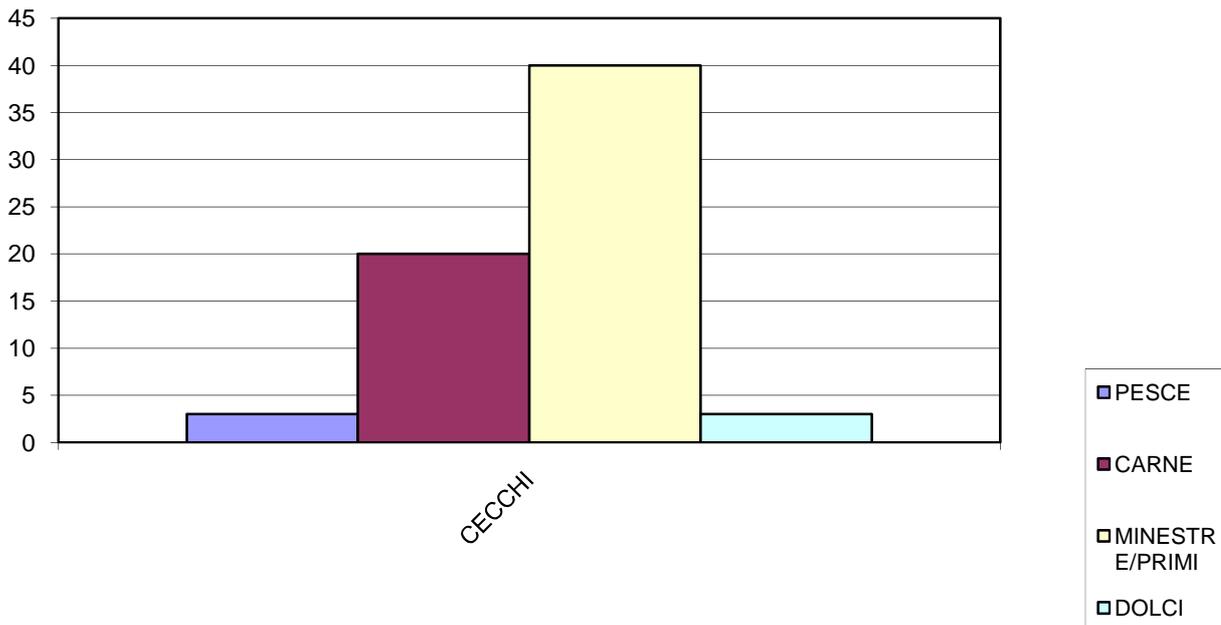
19A

LI GRADISCE?



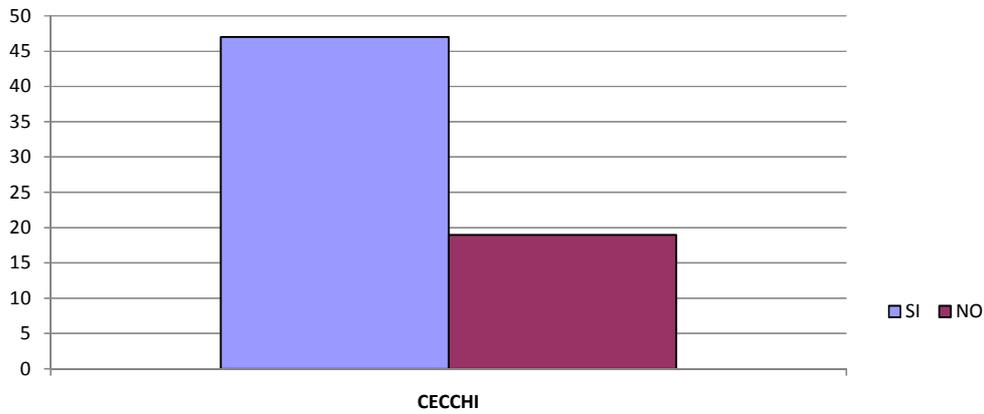
19B

QUALI GRADISCE?



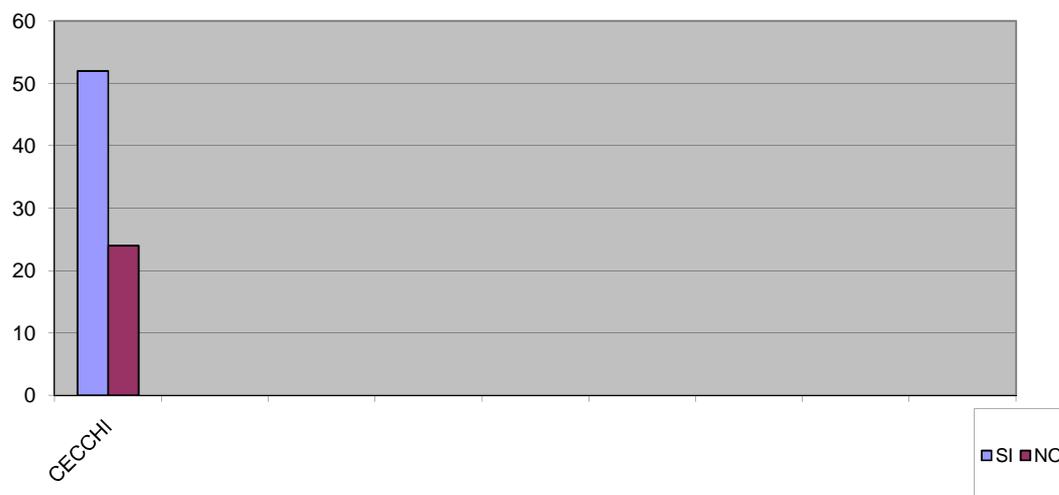
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IN GENERE SEI SODDISFATTO DI COME SI COMPORTA TUO FIGLIO CON IL CIBO?

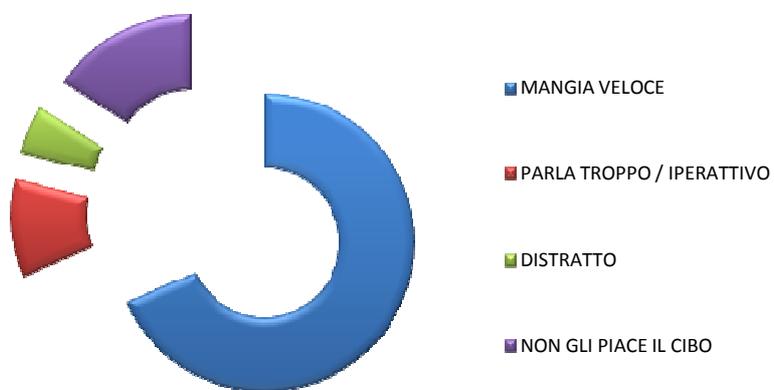


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PENSI CHE TUO FIGLIO MASTICHI BENE, ASSAPORI CON CALMA, GUSTI LENTAMENTE. ABBA PIACERE DEL CIBO?

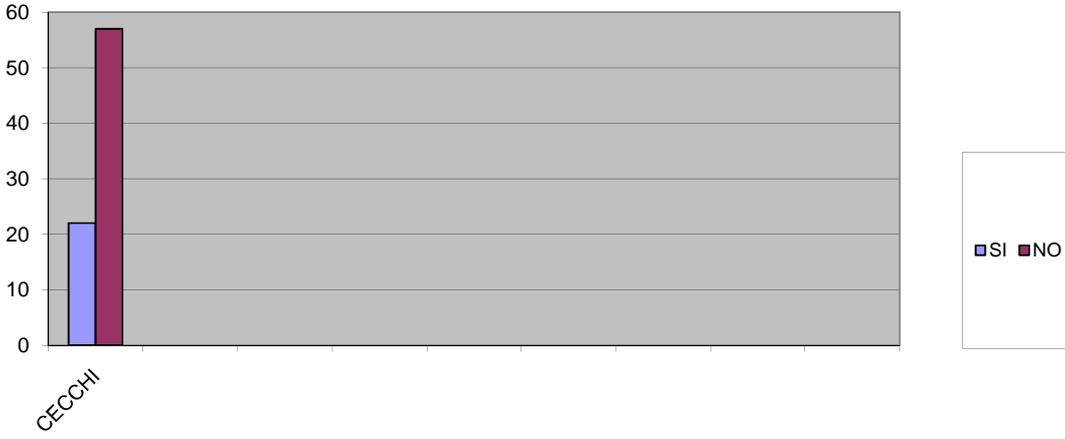


(21A) SE NO PER QUALE MOTIVO (CECCHI):



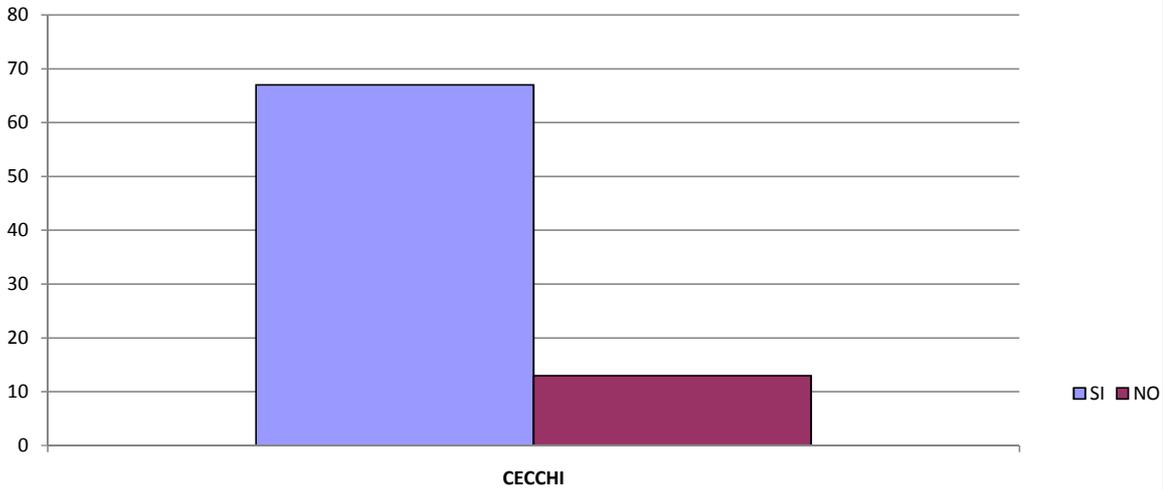
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CI SONO CIBI CHE PIACCIONO A TUO FIGLIO MA CHE IN FAMIGLIA SI CUCINANO POCO?



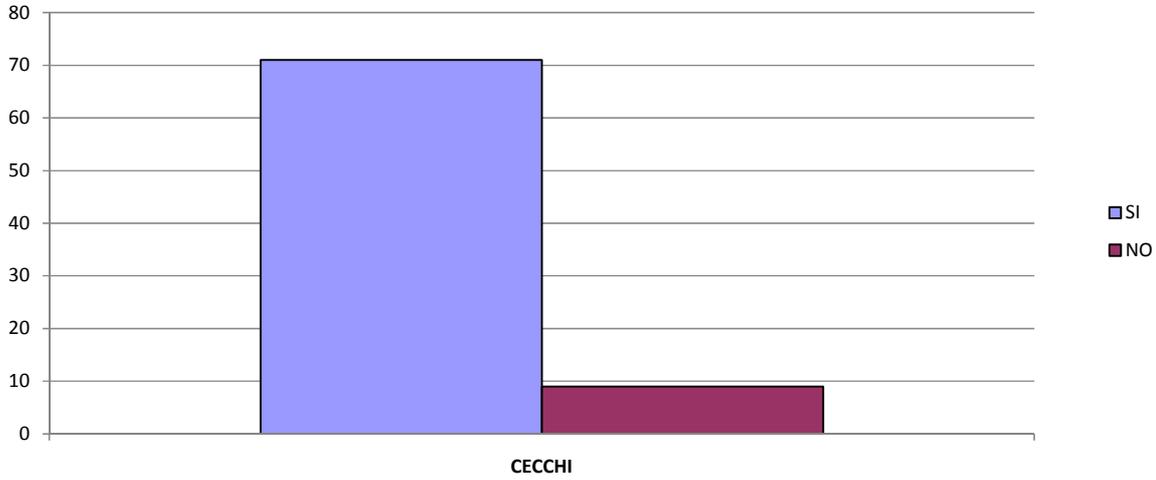
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A TUO FIGLIO PIACE IL DOLCE E MANGIARE DOLCIUMI VARI?



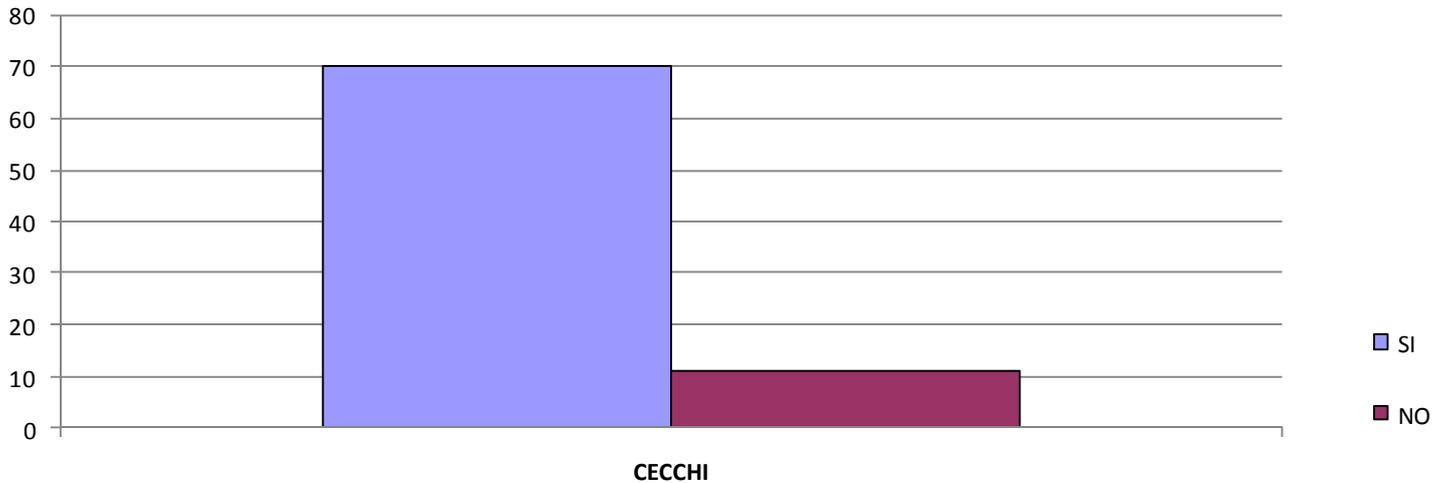
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A TUO FIGLIO PIACE MANGIARE SALATO?

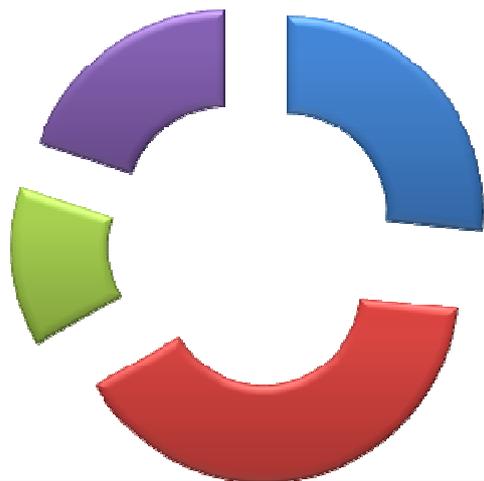


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PENSI DI SEGUIRE UNO STILE ALIMENTARE CORRETTO PER LA CRESCITA E LO SVILUPPO DI TUO FIGLIO?



(25A) SE NO PER QUALE MOTIVO (CECCHI)



■ SEGUO I SUOI GUSTI

■ PERCHÈ NON LE PIACE FRUTTA, VERDURA E PESCE

■ IL TEMPO

■ NON ACCETTA NOVITÀ